

Dignity of the Elderly - joint project with CSCC

The Spirituality of Ageing Workshop

by **Prof. Elizabeth MacKinlay** from Australia
 Feb 28 Sunday, 9.00am - 4.00pm
 Venue: CWS Auditorium, 55 Waterloo Street 8th flr
For caregivers of the elderly and for those in pastoral ministry especially from the SCC.



Understanding the Ageing Process

by **Prof. Elizabeth MacKinlay**
 Mar 1 Monday, 10.00am - 12.30pm.
 Venue: Christ the King Church, Ang Mo Kio Ave 8
For those in their senior years.

Meaning of Life in the Fourth Age

by **Prof. Elizabeth MacKinlay**
 Mar 2 Tuesday, 9.00am - 1.00pm.
 Venue: CWS Auditorium, 55 Waterloo Street 8th flr
For workers in institutions such as homes for the aged, day care centres for elderly; religious and priests.

Caregiver Workshop 1

Mar 20 Saturday, 2.00pm - 6.00pm.
 Venue: CAEC, 2 Highland Road.
 Focus: A vision for pastoral ministry and care of the elderly; physical aspects of ageing, and the spirituality of caregiving.
For caregivers and SCC pastoral care ministers.

Caregiver Workshop 2

Apr 24 Saturday, 9.00am - 1.00pm.
 Venue: CAEC, 2 Highland Road
 Focus: The psychological and mental aspects of ageing, and Christian Spiritual Reminiscence
For caregivers and SCC pastoral care ministers.



Caregiver Workshop 3

May 29 Saturday, 2.00pm - 6.00pm.
 Venue: CAEC, 2 Highland Road.
 Focus: The chronically and terminally ill. Understanding loss and bereavement, and end of life issues.
For caregivers and SCC pastoral care ministers.

Seminar 1 for the Elderly

Jul 2 Friday, 9.30am - 12.30pm. @ Christ the King Church
 Focus: Successful ageing, grandparenting skills, advance care planning.
For those in their senior years.

Seminar 2 for the Elderly

Aug 13 Friday, 9.30am - 12.30pm. @ Christ the King Church
 Focus: Prayer, spiritual reminiscence, assessing mental changes and medical conditions.
For those in their senior years.

Praying the Psalms from Lent to Easter

- by **Sr Susan Thomas, FMM**
 7 Thursdays from Feb 18, 9.30am - 11.30am
 Venue: CAEC, 2 Highland Road.
 Contribution: Love Offering
Using the psalms as guide to lead us on a personal journal from Lent to Easter.

Who are you, O God?

- by **Sr Susan Thomas, FMM**
 5 Mondays from Jun 28, 7.30pm-9.30pm
 Venue: To be confirmed.
 Contribution: Love Offering
5 sessions to help us explore and expand our images and metaphors for God.

SCC trainings and events

SCC Renewal Programme

- by **diocesan ASIPA team**
For East District Parishes : Apr 16-18 (Friday-Sunday)
For West District Parishes : May 21-23
For North District Parishes: Jun 18-19
For City & Serangoon Districts: Aug 27-29
 Detailed programmes will be released at later date.
To renew SCC leaders and members in the vision of Church as People of God over a weekend.



SCC Renewed!

Sep 18, Saturday, 2.00pm - 5.30pm
 Venue: CWS Auditorium, 55 Waterloo Street.
Follow-up training after renewal programmes.

Archdiocesan SCC Day

Oct 9, Saturday, 2.00pm - 5.30pm
 Venue: To be confirmed.

SCC New Year, New Hope - celebrating new liturgical year

Nov 27, 2.00pm - 5.30pm
 Venue: To be confirmed.

The diocesan ASIPA Team is available to conduct training and assistance in the following areas: the Parish Pastoral Council (PPC), the Parish Assembly (PA) and Small Christian Communities (SCC).

To contact us for more information, please call 6858 3011, fax 6858 2011 or email: spi@catholic.org.sg website: www.catholicspi.org